



Lunch \$1.70
Milk 55¢

**MARCH 2010
DIXON UNIT SCHOOL DISTRICT 170
ELEMENTARY SCHOOL
LUNCH MENU**




arbormgt.com
arbormgt.com

We're thinking green, are you?

All lunches
Include:

Entrée
Fruits &
Vegetables
Breads &
Grains
Milk

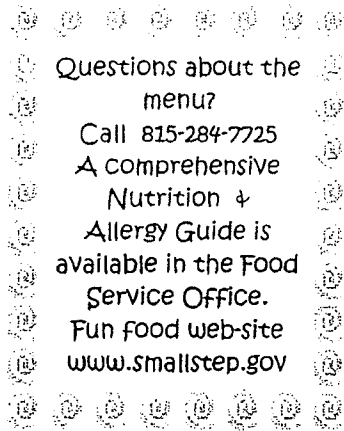
Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>NO SCHOOL</i> CASIMIR PULASKI DAY	2 5 CHICKEN NUGGETS OR HAMBURGER BREAD SLICE WHIPPED POTATOES FRESH ORANGE SMILES	3 *BBQ RIB SANDWICH OR CHICKEN SANDWICH WHOLE KERNEL CORN SWEET PEARS	4 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa OR HAM & CHEESE WRAP SHREDDED LETTUCE DICED PEACHES	5 CONEY ISLAND CORN DOG OR TONY'S CHEESE PIZZA GARDEN PEAS MIXED FRUIT
8 FRENCH TOAST STICKS w/*Sausage Patty OR MEATBALL BOMBER w/Marinara Sauce & Cheese DICED PEACHES 100% FRUIT JUICE	9 NACHOS SUPREME w/Taco Meat, Cheese & Salsa OR TURKEY & CHEESE WRAP SHREDDED LETTUCE CINNAMON APPLESAUCE	10 CHICKEN SANDWICH OR HOT DOG *BAKED BEANS MIXED FRUIT	11 TONY'S CHEESE PIZZA OR HAMBURGER SEASONED GREEN BEANS SWEET PEARS	12 GRILLED CHEESE OR BEEFY MAC BREAD SLICE POTATO ROUNDS MANDARIN ORANGES
15 PIZZA DIPPERS w/Dipping Sauce OR SALISBURY STEAK WHIPPED POTATOES MIXED FRUIT	16 BURRITO w/Cheese Sauce OR CHICKEN & NOODLES BREAD SLICE SEASONED GREEN BEANS CHILLED APPLESAUCE	17 RAVIOLI w/Meat Sauce OR HOT HAM & CHEESE WHOLE GRAIN ROLL WHOLE KERNEL CORN MANDARIN ORANGES	18 <i>HALF DAY</i> <i>IN-SERVICE</i> <i>NO LUNCH SERVED - BREAKFAST ONLY</i>	19 5 CHICKEN NUGGETS OR TONY'S CHEESE PIZZA WHEAT BREAD SLICE GARDEN PEAS DICED PEACHES
22 MINI CORN DOGS OR CHEESEBURGER POTATO ROUNDS FRESH BABY CARROTS w/Dip	23 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa OR CHICKEN SANDWICH SHREDDED LETTUCE WHOLE KERNEL CORN	24 PANCAKES & SYRUP w/*Ham Slice OR *BBQ RIB SANDWICH MANDARIN ORANGES CHILLED APPLESAUCE	25 PIZZA DIPPERS w/Dipping Sauce OR TURKEY FRITTER CARROT COINS SWEET PEARS	26 CREAMY MACARONI & CHEESE OR HOT DOG WHOLE GRAIN ROLL SEASONED GREEN BEANS 100% FRUIT JUICE
29	30	31	 SPRING BREAK	

Milk variety offered daily.
Breads & grains offered daily.

** Please Note **

Menu changes may be necessary. Notice will be given when possible.

* Contains Pork



Questions about the menu?

Call 815-284-7725
A comprehensive
Nutrition &
Allergy Guide is
available in the Food
Service Office.
Fun food web-site
www.smallstep.gov



Lunch \$1.75
Milk 55¢


Lunches include:
Entrée, fruit/veggie,
breads & grains & milk

MARCH 2010
DIXON UNIT SCHOOL DISTRICT 170
MIDDLE SCHOOL - LUNCH MENU



We're thinking green, are you ?

Daily entrée
choices :
Pizza Selection
Chicken Sandwich
Cheeseburger
Deli Wraps & Fresh Salads
Daily Special
(see menu)

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>NO SCHOOL</i> CASIMIR PULASKI DAY	2 5 CHICKEN NUGGETS BREAD SLICE WHIPPED POTATOES FRESH ORANGE WEDGES	3 *BBQ RIB SANDWICH WHOLE KERNEL CORN SWEET PEARS	4 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa SHREDDED LETTUCE DICED PEACHES	5 CONEY ISLAND CORN DOG GARDEN PEAS MIXED FRUIT
8 FRENCH TOAST STICKS w/*Sausage Patty DICED PEACHES 100% FRUIT JUICE	9 NACHOS SUPREME w/Taco Meat, Cheese & Salsa SHREDDED LETTUCE CINNAMON APPLESAUCE	10 CHICKEN SANDWICH *BAKED BEANS MIXED FRUIT	11 SALISBURY STEAK WHOLE GRAIN ROLL SEASONED GREEN BEANS SWEET PEARS	12 GRILLED CHEESE BREAD SLICE POTATO ROUNDS MANDARIN ORANGES
15 PIZZA DIPPERS w/Dipping Sauce WHIPPED POTATOES MIXED FRUIT	16 BURRITO w/Cheese Sauce SEASONED GREEN BEANS CHILLED APPLESAUCE	17 RAVIOLI w/Meat Sauce WHOLE GRAIN ROLL WHOLE KERNEL CORN MANDARIN ORANGES	18 <i>HALF DAY</i> <i>IN-SERVICE</i> <i>NO LUNCH SERVED - BREAKFAST ONLY</i>	19 5 CHICKEN NUGGETS BREAD SLICE GARDEN PEAS DICED PEACHES
22 MINI CORN DOGS POTATO ROUNDS FRESH BABY CARROTS w/Dip	23 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa SHREDDED LETTUCE WHOLE KERNEL CORN	24 PANCAKES & SYRUP w/*Ham Slice MANDARIN ORANGES CHILLED APPLESAUCE	25 PIZZA DIPPERS w/Dipping Sauce CARROT COINS SWEET PEARS	26 CREAMY MACARONI & CHEESE WHOLE GRAIN ROLL SEASONED GREEN BEANS 100% FRUIT JUICE
29	30	31		

SPRING BREAK

Milk variety offered daily.
Breads & grains offered daily.

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Lunch \$1.75

Milk 55¢

Lunches include:
Entrée, fruit/veggie,
breads & grains & milk

MARCH 2010
DIXON UNIT SCHOOL DISTRICT 170
HIGH SCHOOL - LUNCH MENU



We're thinking green, are you ?

Daily entrée
choices :
Pizza Selection
Chicken Sandwich
Cheeseburger
Deli Wraps &
Fresh Salads
Daily Special
(see menu)

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>NO SCHOOL</i> <i>CASIMIR PULASKI DAY</i>	2 RAVIOLI w/Meat Sauce SEASONED GREEN BEANS CHILLED APPLESAUCE <i>POTATO BAR</i>	3 MINI CORN DOGS GARDEN PEAS DICED PEACHES	4 CHICKEN SANDWICH SHREDDED LETTUCE SWEET PEARS <i>TACO BAR</i>	5 PIZZA DIPPERS w/Dipping Sauce WHOLE KERNEL CORN MANDARIN ORANGES
8 PANCAKES & SYRUP w/*Sausage POTATO ROUNDS 100% FRUIT JUICE	9 TACO RONI WHOLE KERNEL CORN SWEET PEARS <i>POTATO BAR</i>	10 CHICKEN PARMESAN SEASONED GREEN BEANS DICED PEACHES	11 CHEESEBURGER SHREDDED LETTUCE MANDARIN ORANGES <i>TACO BAR</i>	12 BURRITO w/Cheese Sauce CARROT COINS CHILLED APPLESAUCE
15 *BBQ RIB SANDWICH SEASONED GREEN BEANS SWEET PEARS	16 MEATBALL BOMBER w/Marinara Sauce & Cheese WHOLE KERNEL CORN CHILLED APPLESAUCE <i>POTATO BAR</i>	17 SALISBURY STEAK WHOLE GRAIN ROLL WHIPPED POTATOES w/Gravy MANDARIN ORANGES	18 <i>HALF DAY</i> <i>IN-SERVICE</i> <i>NO LUNCH SERVED - BREAKFAST ONLY</i>	19 TUNA CASSEROLE <i>OR CHICKEN PARMESAN</i> SHREDDED LETTUCE DICED PEACHES
22 FRENCH TOAST STICKS w/*Sausage POTATO ROUNDS 100% FRUIT JUICE	23 RAVIOLI w/Meat Sauce CARROT COINS WHOLE GRAIN ROLL APPLE SLICES <i>POTATO BAR</i>	24 PIZZA DIPPERS w/Dipping Sauce WHOLE KERNEL CORN MANDARIN ORANGES	25 CHEESEBURGER SHREDDED LETTUCE CHILLED APPLESAUCE <i>TACO BAR</i>	26 MINI CORN DOGS <i>OR TONY'S CHEESE</i> PIZZA SEASONED GREEN BEANS DICED PEACHES
29	30	31		

SPRING BREAK

Milk variety offered daily.
Grain baskets offered daily.

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Breakfast \$.80
Milk \$.55

MARCH 2010
DIXON UNIT SCHOOL DISTRICT 170
BREAKFAST MENU



We're thinking green, are you?

Good health is the result of a healthy life style that includes eating a good breakfast! You won't need "good luck" if you are eating right!



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL <i>CASIMIR PULASKI DAY</i>	2 CINNAMON OATMEAL CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE <i>RAISINS</i>	3 CHEESY TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE <i>STRING CHEESE</i>	4 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE <i>BANANA</i>	5 PANCAKES w/Syrup CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE <i>GRAHAM CRACKERS</i>
8 PEANUT BUTTER TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	9 SCRAMBLED EGGS CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	10 BAGEL w/Cream Cheese CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	11 ENGLISH MUFFIN CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	12 CINNAMON OATMEAL CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
15 BAGEL w/Jelly CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	16 PANCAKES w/Syrup CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	17 BANANA CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	18 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	19 CHEESY SCRAMBLED EGGS CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
22 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	23 BISCUITS & GRAVY CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	24 CHEESY TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	25 PEANUT BUTTER TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	26 FRENCH TOAST w/Syrup CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
29	30	31		

SPRING BREAK

Milk variety offered daily.
Breads & grains offered daily.

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