



Breakfast \$.80
Milk \$.55

MAY 2010 DIXON UNIT SCHOOL DISTRICT 170 BREAKFAST MENU



We're thinking green, are you ?

Spring is here and it's time to get outside and play! Daily activity is an essential part of a healthy life style, and breakfast will give you the energy you need to start the day right!

Monday	Tuesday	Wednesday	Thursday	Friday
3 PEANUT BUTTER TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	4 SCRAMBLED EGGS CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	5 BAGEL w/Cream Cheese CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	6 ENGLISH MUFFIN w/Jelly CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	7 CINNAMON OATMEAL CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
10 BAGEL w/Cream Cheese CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	11 PANCAKES w/Syrup CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	12 CHEESY TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	13 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	14 <i>1/2 DAY – SCHOOL IMPROVEMENT - NO LUNCH SERVED</i> DANISH ROLL CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
17 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	18 BISCUITS & GRAVY CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	19 CHEESY TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	20 PEANUT BUTTER TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	21 BAGEL w/Cream Cheese CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE
24 ENGLISH MUFFIN w/Jelly CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	25 CHEESY TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	26 CINNAMON TOAST CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE	27 SUPER DONUT CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE SEMESTER FINALS	28 BAGEL w/Cream Cheese CEREAL CHOICE TOAST w/Jelly 100% FRUIT JUICE SEMESTER FINALS
31 <i>MEMORIAL DAY</i> <i>NO SCHOOL</i>	6/1 <i>INSTITUTE DAY</i> <i>NO SCHOOL</i>	6/2 <i>REPORT CARDS</i>	6/3 <i>HAVE A GREAT SUMMER!!!</i>	6/4 <i>HAVE A GREAT SUMMER!!!</i>

Questions about the menu?
Call 815-284-7725

A comprehensive Allergy & Nutrition Guide is available in the Food Service Office.

Fun food web-site www.smallstep.gov

Milk variety offered daily.
Breads & grains offered daily.
** Please Note **
Menu changes may be necessary. Notice will be given when possible.
* Contains Pork





Lunch \$1.70
Milk 55¢

MAY 2010
DIXON UNIT SCHOOL DISTRICT 170
ELEMENTARY SCHOOL
LUNCH MENU



We're thinking green, are you?

All lunches
Include:

Entrée
Fruits &
Vegetables
Breads &
Grains
Milk

Monday	Tuesday	Wednesday	Thursday	Friday
3 MINI CORN DOGS OR CHEESEBURGER GARDEN PEAS DICED PEACHES	4 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa OR *HAM & CHEESE WRAP SHREDDED LETTUCE FRESH ORANGE SMILES	5 LUCKY TRAY DAY HOT HAM & CHEESE on a Bun OR HAMBURGER SEASONED GREEN BEANS CHILLED APPLESAUCE	6 2 PANCAKES & SYRUP w/*Ham Slice OR *BBQ RIB SANDWICH POTATO ROUNDS MANDARIN ORANGES	7 PIZZA DIPPERS w/Dipping Sauce OR TURKEY FRITTER WHOLE KERNEL CORN MIXED FRUIT
10 LUCKY TRAY DAY NACHOS SUPREME w/Taco Meat, Cheese & Salsa OR HOT DOG SHREDDED LETTUCE SWEET PEARS	11 TONY'S CHEESE PIZZA OR BURRITO w/Cheese Sauce SEASONED GREEN BEANS DICED PEACHES	12 FRENCH TOAST STICKS w/*Sausage Patty OR CHEESEBURGER MANDARIN ORANGES CHILLED APPLESAUCE	13 5 CHICKEN NUGGETS OR TURKEY FRITTER SEASONED GREEN BEANS CHILLED APPLESAUCE WHOLE GRAIN ROLL	14 1/2 DAY – SCHOOL IMPROVEMENT NO LUNCH SERVED
17 5 CHICKEN NUGGETS OR CHEESEBURGER SEASONED GREEN BEANS CHILLED APPLESAUCE	18 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa OR TURKEY & CHEESE WRAP SHREDDED LETTUCE DICED PEACHES	19 PIZZA DIPPERS w/Dipping Sauce OR MEATBALL SUB w/Marinara Sauce & Cheese POTATO ROUNDS MIXED FRUIT	20 FRENCH TOAST STICKS w/*Sausage Patty OR HAMBURGER WHOLE KERNEL CORN SWEET PEARS	21 HAMBURGER OR HOT DOG GARDEN PEAS CHILLED APPLESAUCE
24 CHICKEN SANDWICH OR RAVIOLI w/Meat Sauce GARDEN PEAS MIXED FRUIT	25 5 CHICKEN NUGGETS OR CHEESEBURGER POTATO ROUNDS CHILLED APPLESAUCE	26 TONY'S CHEESE PIZZA OR HOT DOG SEASONED GREEN BEANS 100% FRUIT JUICE	27 MINI CORN DOGS OR *BBQ RIB SANDWICH WHOLE KERNEL CORN MANDARIN ORANGES SEMESTER FINALS	28 PIZZA DIPPERS w/Dipping Sauce OR TURKEY FRITTER CARROT COINS SWEET PEARS SEMESTER FINALS
31 MEMORIAL DAY NO SCHOOL	6/1 INSTITUTE DAY NO SCHOOL	6/2 REPORT CARDS	6/3 HAVE A GREAT SUMMER!!!	6/4

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the menu?
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Allergy & Nutrition
Guide is available in
the Food Service
Office.
Fun food web-site
www.smallstep.gov

Milk variety offered daily.
Breads & grains offered daily.

** Please Note **
Menu changes may be necessary. Notice will be given when possible.

* Contains Pork





National Hamburger Month

Lunch \$1.75

Milk 55¢

Lunches include:
Entrée, fruit/veggie,
breads & grains & milk

MAY 2010
DIXON UNIT SCHOOL DISTRICT 170
MIDDLE SCHOOL - LUNCH MENU



We're thinking green, are you?

Daily entrée
choices :
Pizza Selection
Chicken Sandwich
Cheeseburger
Deli Wraps & Fresh Salads
Daily Special (see menu)

Monday	Tuesday	Wednesday	Thursday	Friday
3 MINI CORN DOGS GARDEN PEAS DICED PEACHES	4 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa SHREDDED LETTUCE FRESH ORANGE WEDGES	5 HOT HAM & CHEESE on a Bun SEASONED GREEN BEANS CHILLED APPLESAUCE	6 2 PANCAKES & SYRUP w/*Ham Slice POTATO ROUNDS MANDARIN ORANGES	7 PIZZA DIPPERS w/Dipping Sauce WHOLE KERNEL CORN MIXED FRUIT
10 NACHOS SUPREME w/Taco Meat, Cheese & Salsa SHREDDED LETTUCE SWEET PEARS	11 BURRITO w/Cheese Sauce SEASONED GREEN BEANS DICED PEACHES	12 FRENCH TOAST STICKS w/*Sausage Patty MANDARIN ORANGES CHILLED APPLESAUCE	13 5 CHICKEN NUGGETS SEASONED GREEN BEANS CHILLED APPLESAUCE WHOLE GRAIN ROLL	14 <i>1/2 DAY – SCHOOL IMPROVEMENT</i> <i>NO LUNCH SERVED</i>
17 5 CHICKEN NUGGETS SEASONED GREEN BEANS CHILLED APPLESAUCE	18 2 BEEF TACOS w/Taco Meat, Shredded Cheese & Salsa SHREDDED LETTUCE DICED PEACHES	19 PIZZA DIPPERS w/Dipping Sauce POTATO ROUNDS MIXED FRUIT	20 *BBQ RIB SANDWICH WHOLE KERNEL CORN SWEET PEARS	21 HOT DOG GARDEN PEAS CHILLED APPLESAUCE
24 RAVIOLI w/Meat Sauce GARDEN PEAS MIXED FRUIT	25 5 CHICKEN NUGGETS POTATO ROUNDS CHILLED APPLESAUCE	26 HOT DOG SEASONED GREEN BEANS 100% FRUIT JUICE	27 MINI CORN DOGS WHOLE KERNEL CORN MANDARIN ORANGES <i>SEMESTER FINALS</i>	28 PIZZA DIPPERS w/Dipping Sauce CARROT COINS SWEET PEARS <i>SEMESTER FINALS</i>
31 <i>MEMORIAL DAY</i> <i>NO SCHOOL</i>	6/1 <i>INSTITUTE DAY</i> <i>NO SCHOOL</i>	6/2 <i>REPORT CARDS</i>	6/3 <i>HAVE A GREAT SUMMER!!!</i>	6/4 <i>HAVE A GREAT SUMMER!!!</i>

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Milk variety offered daily.
Breads & grains offered daily.

** Please Note **
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* Contains Pork





National Hamburger Month

Lunch \$1.75

Milk 55¢

Lunches include:
Entrée, fruit/veggie,
breads & grains & milk

MAY 2010
DIXON UNIT SCHOOL DISTRICT 170
HIGH SCHOOL - LUNCH MENU



We're thinking green, are you?

Daily entrée
choices :
Pizza Selection
Chicken
Sandwich
Cheeseburger
Deli Wraps &
Fresh Salads
Daily Special
(see menu)

Monday	Tuesday	Wednesday	Thursday	Friday
3 FRENCH TOAST STICKS w/*Sausage POTATO ROUNDS 100% FRUIT JUICE	4 HOT HAM & CHEESE on a Bun GARDEN PEAS MANDARIN ORANGES <i>POTATO BAR</i>	5 BURRITO w/Cheese Sauce WHOLE KERNEL CORN MIXED FRUIT <i>CHEESEBURGER BASKET</i> <i>CHICKEN WING BASKET</i>	6 CHICKEN SANDWICH SHREDDED LETTUCE CHILLED APPLESAUCE <i>TACO BAR</i>	7 PIZZA DIPPERS w/Dipping Sauce SEASONED GREEN BEANS DICED PEACHES <i>PASTA BREAD BOWL</i>
10 *BBQ RIB SANDWICH WHOLE KERNEL CORN MIXED FRUIT	11 RAVIOLI w/Meat Sauce & Whole Grain Roll SEASONED GREEN BEANS CHILLED APPLESAUCE <i>POTATO BAR</i>	12 CHICKEN PARMESAN CARROT COINS SWEET PEARS <i>CHEESEBURGER BASKET</i> <i>CHICKEN WING BASKET</i>	13 CHEESEBURGER SHREDDED LETTUCE MANDARIN ORANGES <i>TACO BAR</i>	14 <i>1/2 DAY – SCHOOL IMPROVEMENT</i> <i>NO LUNCH SERVED</i>
17 MINI CORN DOGS CARROT COINS MIXED FRUIT	18 TONY'S *SAUSAGE PIZZA GARDEN PEAS SWEET PEARS <i>POTATO BAR</i>	19 CHICKEN PARMESAN SEASONED GREEN BEANS DICED PEACHES <i>CHEESEBURGER BASKET</i> <i>CHICKEN WING BASKET</i>	20 HAMBURGER SHREDDED LETTUCE CHILLED APPLESAUCE <i>TACO BAR</i>	21 BURRITO w/Cheese Sauce WHOLE KERNEL CORN MANDARIN ORANGES
24 PIZZA DIPPERS w/Dipping Sauce SHREDDED LETTUCE MIXED FRUIT	25 COLD CUT SUBS w/Lettuce & Cheese CHILLED APPLESAUCE	26 COLD CUT SUBS w/Lettuce & Cheese CHILLED APPLESAUCE	27 COLD CUT SUBS w/Lettuce & Cheese CHILLED APPLESAUCE <i>SEMESTER FINALS</i>	28 COLD CUT SUBS w/Lettuce & Cheese CHILLED APPLESAUCE <i>SEMESTER FINALS</i>
31 <i>MEMORIAL DAY</i>	6/1 <i>INSTITUTE DAY</i> <i>NO SCHOOL</i>	6/2 <i>REPORT CARDS</i>	6/3 <i>HAVE A GREAT SUMMER!!!</i>	6/4 <i>HAVE A GREAT SUMMER!!!</i>

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Grain basket offered daily.

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* Contains Pork

